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## Editorial

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## The role of textbooks in promoting children's oral health

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### EDITORIAL

Oral health is a necessity and part of general health nowadays. Negligence in observing it, leads to dental problems, endangering the general health conditions, low self-confidence, chronic infections and lower quality of life, especially in children. Any change or improvement in the health of this group can have a lasting and significant impact on the health of the future generation of the community. As a result, children's access to oral and dental health knowledge is only achievable through the school, which is the easiest and most cost-effective way.

Oral health has a major impact on the health of other organs. Having healthy teeth provides good nutritional conditions for chewing, ensures the health of the digestive tract, and good physical and mental developmental, especially as it becomes more important in childhood.

If proper oral health education is used in textbooks, we can increase the likelihood of having healthy teeth in children in later years. The depiction and proper introduction of a dentist and dental hygienist team in the textbook, especially in elementary school, is very poor.

Although many books on oral and dental hygiene have been published for children, most parents may not be able to take advantage of this issue without paying enough attention to this issue and, worse, they are not interested in knowing this. Hence upon, the inclusion of these materials in the form of textbooks and teaching them in schools not only the responsibility of parents to teach their children is reduced but will encourage students to learn and implement them.

In other words, the ability of early-school textbooks can have a very effective role in increasing the awareness and behavior of pupils about oral health. Early childhood education is needed to achieve oral health, and textbooks can act as the best tools. The role of textbooks as a reliable source of information has increased their importance when access to other resources is limited.

Oral health can affect the performance of children at school and their success in the future. Schools can provide an important and effective context for achieving this goal. Hence, the development of a suitable educational program based on a model is important.

Given the crucial importance of school age, the role of this concept in promoting oral and dental health has been strongly emphasized. Accordingly, the following suggestions can be effective in achieving this goal.

- \*\* Preparation and publication of the oral health book as a textbook, commensurate with the student's age
- \*\* Allocate a school curriculum for oral health

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\*\* Use of varied educational methods, raising the level of scientific knowledge during the academic year with holding seminars and attractive and fun workshops

\*\* The use of skilled and expert oral hygiene educators in schools

\*\* Inviting pediatric dentists for routine dental examinations in coordinated schedules

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